

Yale First Nation Government Contacts

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Yale First Nation

June 2020

Community NEWSLETTER

314 Hudson Bay St. Hope, BC, VOX 1L0, 604-869-0013

Community News

Chief Ken Hansen

Hello YFN

I must acknowledge our team at the YFN Office for everything they do. They have been handling the unexpected COVID 19 changes and restrictions very well and I am very proud to work alongside in serving the community.

While the world is transitioning into different stages of social interaction, Dominic, Pedro and I have decided that we will continue to have strict precautions in place for the YFN Office. The office will remain closed for the time being, we believe that the risk of our staff and members at this time is too great and will not gamble with our health. The world is seeing varying results of the integration of social activities and they have not yet convinced YFN Leadership that it is safe for our community. I would ask that you please still take all precautions when interacting with the community at large.

At The Band Office

I hope everyone is doing well in these unprecedented times. Please know that we are all thinking of the community and cannot wait till we can all come together again in person. I have been working on a community cookbook to bring everyone together from the safety of their own homes. If anyone is interested in participating please send your recipes to assistant@yalefirstnation.ca

Did You Know?

Chief Dan George (1899 - 1981) was an elected chief of the Tsleil-Waututh Nation. He an esteemed actor, the first Indigenous person to be nominated for an Academy Award , and a poet who used his notoriety to create a platform to speak about Indigenous issues. He delivered his famous “Lament for Confederation” to over 32,000 people in Vancouver’s Empire Stadium on July 1, 1967. You can watch his speech on Youtube.

Emory Creek Campground

Beautiful River View Sites

Flush Toilets
Firewood Sales
Creek & River Access

18 km north of Hope on HWY 1

Info: 604-807-2684

F.I.R.S.T.

Fraser-River Indigenous Resiliency Support Team

In partnership with – Boothroyd, Boston Bar, Chawathil, Peters, Shw'ow'Hamel, Spuzzum, Yale, Union Bar

<p>JANA Wellness Navigator Nurse FB: Jana NavigatorNurse WELLNESSNAV@yalefirstnation.ca</p> <p>604 206 9501</p> <p>Supporting your Physical, Mental, Spiritual, Emotional needs.</p>	<p>RAY C Counsellor FB Ray @First COUNSELLOR@yalefirstnation.ca</p> <p>604 206 9513</p> <p>Culturally appropriate counselling and life coaching.</p>	<p>RAY H Peer Outreach Worker FB: Ray POW POW@yalefirstnation.ca</p> <p>604 206 9503</p> <p>Harm Reduction. Peer Support. Advocacy.</p>
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Every journey begins with one step, and it helps if there is someone beside education.

We have a diverse set of skills gained though life experience and formal you.

You can contact us directly for details.

June 2020



Fisheries Update

Dominic Hope



High winds and rain persisted throughout last week, forcing the rescheduling of some work onsite. Despite the conditions, the installation of the Whooshh Passage Portal™ is nearing completion at the West Beach.

Testing and preparation is underway for the full operation of the Whooshh™ system, including:

- installation of vertical sliding panels within the concrete fish ladder to separate and isolate fish for transport;
- pouring cement to provide a durable floor within the holding and turning pools of the ladder;
- connecting the last of the first phase Whooshh™ modules;
- mounting the remaining hanger braces for the fish transport tubes;
- running the tube suspension cables from the Whooshh™ platform to the hanger braces;
- suspending the first tubes in their hangers; and,
- testing the concrete fish ladder and Whooshh™ system's water pumps.

June 2020



In Closing

Elsie Kipp



Hi everyone. It's been a long time that we've been operating under COVID-19 quarantine. I've settled in pretty good working from home but it's been difficult getting work done as quickly as I would hope.

Under Chief and Council 's guidance, I will be keeping the office closed until further notice.

I'm not sure what I'm going to do to keep my son safe and entertained all summer. The usual summer program he attended in the past has been canceled this year.

I've missed being in the office but even more than that I'm excited to say that I hope once quarantine is over I can come out and visit you in your own communities soon. It's a new way of operating, I want to connect in a more meaningful way with everyone. In the meantime, please remember to keep in touch via our Official Yale First Nation Facebook page or by emailing me at ekipp@yalefirstnation.ca

Please remember to take precautions to stay safe during the COVID-19 outbreak – it's not over yet and you are all doing a great job at keeping our people safe. Thank you.

If you are in crisis and require immediate help. Please call :

KUU-US CRISIS LINE

The KUU-US Crisis Line Society operates a 24 hour provincial aboriginal crisis line.

TOLL FREE: 1-800-588-8717

CRISIS CENTRE OF BC

Help is Available! We truly are here to listen, here to help 24 hours a day, 7 days a week. If you or someone you know is having thoughts of suicide, call TOLL FREE: 1-866-661-3311

INDIAN RESIDENTIAL SOCIAL SOCIETY (IRSS):

Indian Residential Schools Crisis Line is available 24 hours a day for anyone experiencing pain or distress as a result of his or her residential school experience. Indian Residential School Survivors and Family.

TOLL-FREE: 1-800-721-0066 24hr CRISIS LINE 1-866-925-4419

Our website is live!

www.yalefirstnation.ca

Check it out for news, forms, videos, photo gallery, downloads and resources.

Let's Stay Connected

Elections-Programs-Voting-Events-Distribution. In order to serve you better please keep your contact information email, address and phone up to date.



Contact Isabella at assistant@yalefirstnation.ca



Health Department
Lauren Duerksen



Guide for Playground Use During COVID-19 – For Parents

June 8, 2020

Hello YFN! I hope you are all staying well. As we move through these unique times we ensure our work continues, even if it looks different.

First of all I want to thank you all for doing your part in keeping yourselves, your families and your communities safe. This pandemic is not over and we must stay the course. Stay home if you are sick, wash your hands frequently, stay 6 meters apart, wear a cloth mask or face covering when out in public if distance is a problem, use hand sanitizer when available, cough in to your sleeve, keep your bubble small, few people large spaces.

Soon we will be able to share with you a concept drawing of your new Multipurpose Building. We continue the push to build a home everyone can be proud of.

Ruby Creek has a brand new bus stop. We are still working with the varied offices to get a bus schedule and transit to roll.

Health staff are still available to you. We are all working from home and available by email, cell phone and facebook. Please reach out, we are here for you.

Many playgrounds and play structures are starting to re-open for children of all ages. With warmer weather arriving and summer coming, playgrounds are important spaces for getting some exercise and having fun.

Although going to a playground is low risk for exposure to COVID-19, there are things you can do to make sure you, your family and your friends stay safe.

Stay Home if You or Your Child Feels Sick or Has Symptoms

- Before you go to the playground, ask your child if they feel sick. If you or your child feel sick or have any symptoms of COVID-19, stay at home

Know Before you Go

- Check if the playground, and its bathrooms or change rooms are open
- Review any park-specific notices from your city or region
- While at the playground, your children must be supervised at all times
- Remember that playground equipment won't be cleaned and sanitized regularly
- Bring Some Things with You
- Hand sanitizer, wipes, water and paper towels
- Your own toys and sports equipment
- Drinking water
- Hats, sunscreen or clothing for sun protection
- Follow the Playground's Signs for Physical Distancing; Avoid Large Gatherings
- If the playground is busy, come back when there are fewer people
- Adults and teenagers should stay 2 metres (6 feet) away from others
- Children are less likely to get sick from COVID-19 so focus on avoiding direct physical contact with other children; this is more important than keeping them 2 metres apart
- Be patient when parking and maintain physical distancing when entering and leaving the park
- Reduce Touching and Sharing
- Outside of your Household
- Try to minimize your child's direct physical contact with people outside of your household

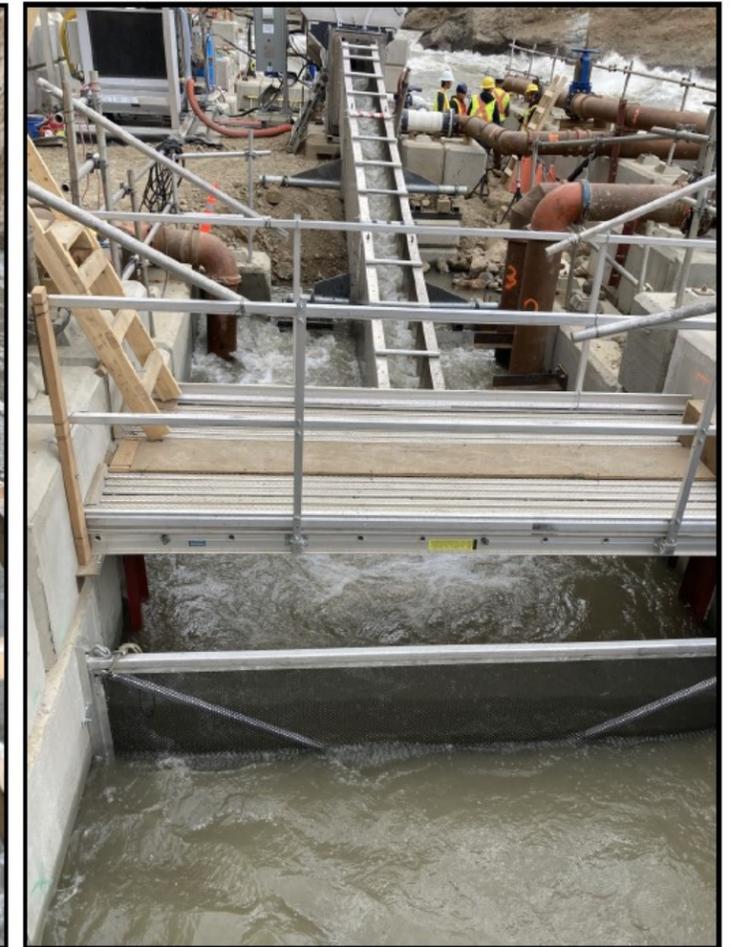
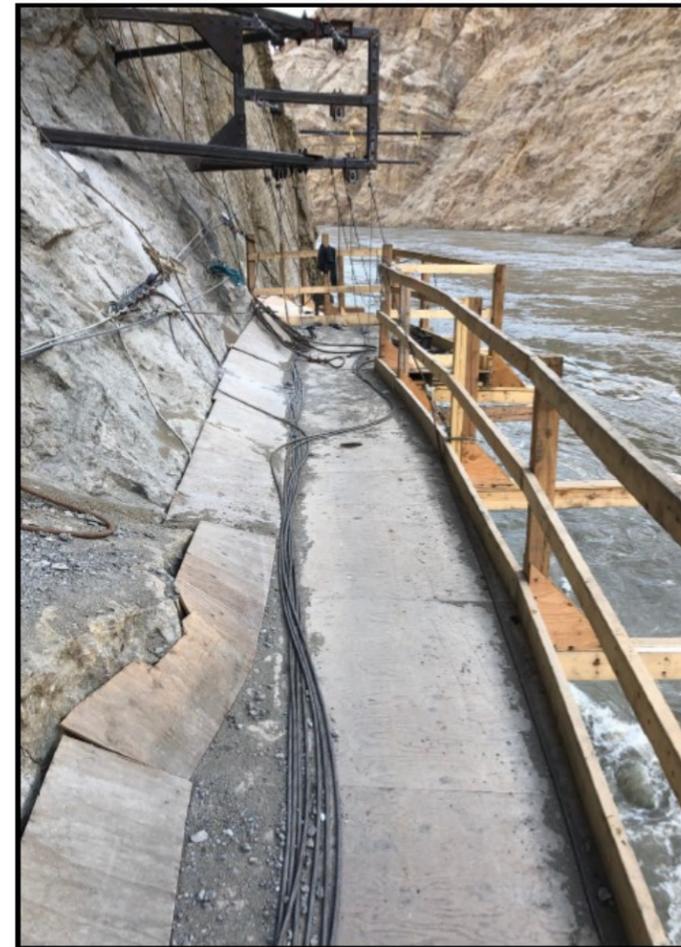
BE KIND

BE CALM

BE SAFE

Fisheries...cont'd

FISH MONITORING UPDATE



LEFT: A close-up of hanger F1 with the termination hanger in the background, marking where the fish transport tubes will release fish back to the Fraser River.
RIGHT: This week included the testing of water pumps for the concrete fish ladder and Whooshh Passage Portal™.

To date, 41 fish have been successfully radio tagged. The sonar downstream of the Big Bar ferry has only detected small numbers of chinook in the vicinity of the slide. No salmon have been detected upstream of the slide, at the Churn sonar station.

In an effort to significantly increase the understanding of fish movement and behaviour near the slide site, the monitoring team is exploring options to improve data and information collection in the vicinity. Accordingly, they installed a second sonar on the west bank of the Fraser River to better understand fish entry into the slide area. As well, First Nations fish technicians are assembling a fish wheel downstream of the Big Bar ferry to provide an additional fish-capture system. This method will allow the team to capture and radio tag fish in the slide area.

INDIGENOUS BLOOM



INDIGENOUS BLOOM

x



Yale First Nation

YALE FIRST NATION

Yale First Nation is excited to partner with Indigenous Bloom, one of Canada's leading cannabis companies, to open a dispensary at Ruby Creek, Yale BC. Our aim is to supply the region with safe, high quality cannabis products while creating solid career opportunities within our community. These positions will offer a good living wage, benefits and opportunities for advancement.

INDIGENOUS BLOOM

- Training
- Competitive Wages
- Medical & Dental Coverage
- Fun, Friendly, Professional Work Environment
- Opportunity for Advancement
- Retail, Cultivation, and Confection Opportunities

APPLY TODAY!

Email careers@indigenusbloom.com to apply!

NOW HIRING

Lands and Resources cont'd

Trans Mountain Expansion

We have several bids currently submitted with our partners that include land clearing, road building, aggregate supply, bridge construction and transportation. We have five key industrial partners, and will be looking to take part in all phases of the Trans Mountain Expansion project. Our partners currently include;

- Surespan Group of companies
- Octane Health & Safety
- Industrial Shuttle
- Timbro Construction
- Triwest Group

I maintain a bi-weekly dialogue with the procurement teams from the two local prime contractors, Macro Spiecapag (speak a pag) and Worley Parsons.

We are also about to re-engage with the Federal government on economic participation options for the project, beyond our MBA with Trans Mountain.

Housing Update

Crystal Sedore



These last few months have been scary and confusing for many of us, myself included. It has been difficult getting things done when so much has changed in the world, even going to the dentist or taking my pets to the vet has turned into a full day chore. With mandated closures, housing related activities have slowed to a trickle so I have been concentrating on getting some emergency repairs and community clean up done this summer.

One aspect of this crisis has been an unexpected bonus; with more time at home I have been able to get many chores done that I have always put off. I took a few days and cleaned out my bottom cupboards— who knew I had 50 Tupperware lids and only 10 containers?! I also took this opportunity to steam clean my mattresses and rugs. Since my adult kids were the only people I was seeing regularly, I recruited their help to clean my yard and do a few dump runs and we sorted through my dressers and closets to make some donations to local thrift stores. I hope that all YFN members are also taking this time at home to declutter their living spaces, improve their homes and spend some quality time with family. I've also taken advantage of the extra time to practice my beadwork and painting.

This global pandemic is history making, but we can't let it bring us down. Spending time making our homes clean and cozy is a great way to stay positive. And, spending time on ourselves to develop our hobbies and interests is also important. As always, if you see anything around your home that needs to be fixed just let me know!

Stay safe! Stay home!

Crystal, housing@yalefirstnation.ca



Steven Patterson
 Economic Development
 Land and Resources



Ruby Creek Thermolysis Site

Test runs have begun to run through the newly constructed biochar facility near Ruby Creek. The reactor has had some minor repairs, but it is now in excellent condition and the configuration of the input feedstock and output products has seen some upgrades and efficiency improvements from the last location the plant was set up in.

Now we are working on market development for both input feedstock as well as the biochar outputs. The two are somewhat related, as the product that goes into the process determines the potential use of the output biochar. For example, clean wood waste yields a superior product that could be used for human consumption and medical grade filtration. Vulcanized rubber or plastics would not be used for human or medicinal end uses but could still be used for industrial filtration such as the effluents of pulp mills.

We are hoping to ramp up production towards late summer/early fall depending on the outcome of recent trials. We just completed a test run where small amounts of biochar were blown into indoor chicken bedding for poultry producers. Studies from Europe have shown that using biochar in the bedding material greatly reduces the amount of ammonia and pathogens and can even eliminate the need for antibiotics in the chicks.

Indigenous Bloom

As was recently announced in the latest edition of the Hope Standard, Yale First Nation is nearing our new retail store opening at Lukseetsissum I.R. 9. We recently finished the career fair which was advertised on the YFN Facebook page and web site, be sure to stay tuned to both of these as we have numerous other employment opportunities that will also be posted to our social media and website.

We have had to delay the opening a little due to load restrictions on the Coquihalla connector, but still hope to have everything running by mid July.

Emory Creek Campground

Emory Creek campground is open again for the season, with a COVID management plan in place. Outdoor activities have grown in popularity since we experienced the quarantine, and provided we stick to our own groups it is a safe and healthy way to get out and enjoy nature.

Forestry

We are completing the planning stages of our forestry operations above Yale/Sawmill Creek. Most of the planned volume is coming out of Sawmill Creek area, and we are currently completing archaeology, terrain, and visual assessments on the final planning areas. Most of the planned logging will be second growth, apart from a small patch in an area known as the saddle. Unfortunately, a good portion of this area has some decay/mortality from fungus and beetle, and the wood will only be commercially useful for a limited time. We will be leaving the majority to naturally decay but have decided to salvage some while it is still economically feasible. If these stands are left too long, they also become a major fire hazard due to the amount of combustible fuel left on site.



Dining Out

A B O J Q M W W B X S N O O T A K S A S U Y R N K
 L H E C U R P S E L U U H V P A B I Q L Q H K O M
 O H C Q G I N B R R H C I B Y A Y P J M E P E N F
 Y S N R P C M K T K W T H F Y J R X O M K A W I T
 K I F Z U C J Q E L D E R B E R R I E S I A Q O V
 M F B E C X T B E O G S L Z M P E O B E G X S N C
 K D J E A U C N D Z L E L Q F H B J M O Y O H O M
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 P I F L O G V D E M D L N Y V N L W X Q H E V M T
 C R C K E Y F U S A V E L T M J K F A E S G T U M
 W D H B V R E T M O V R P W Q U C Y N A Z M O U Z
 S B U T G A O X F N A E K X G D U I O G V R A W S
 S Y R U P O O M P T X T R G K S H Z H T T Z B D S
 G E S W R W H G W T N N D S C S F F C R N U G Y N
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 N S Q Q T R K S K W G S H G I M H H U F I S J T D
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 J S E L F F U R T H S X S N O M L A S G D H K C W
 R A K Q U J M I V V S K M Z S B H Y O I S D V T J

APPLES BUDS
 ASPARAGUS SYRUP
 BOLETUS TROUT
 BULLRUSH TRUFFLES
 CHAGA
 CHOCOLATELILY
 CLEAVERS
 CRAYFISH
 DRIEDFISH
 ELDERBERRIES
 EULACHON
 FIDDLEHEADS
 FROGLEGS
 HUCKLEBERRY
 MINT
 MORELS
 NETTLES
 ONION
 PINES
 ROOTS
 SALMON
 SASKATOONS
 SHANTERELLES
 SMOKED
 SPRUCE

10 Ways to Cope with Anxiety about Covid-19

- 1. Media Distancing:** Limit time watching tv or reading the news and cut down time spent on social media
- 2. Don't Worry:** Don't dwell on negative thoughts, worrying helps nothing.
- 3. Be realistic:** Keep in mind that the odds that you or anyone you know will become ill or die are very low
- 4. Do Not Overreact to Symptoms:** Not every cough or sneeze is the virus. Don't let your imagination take over.
- 5. Focus on Being Productive:** Find ways to occupy your mind and fill your day, take care of your responsibilities
- 6. Enjoy Stress Reduction Activities:** Pamper yourself, read, sing, dance, cook, nap or exercise to feel better
- 7. Follow CDC Guidelines:** Wash your hands, wear a mask. Protect yourself and loved ones.
- 8. Preserve Some Sense of Normalcy:** Try to get some work done, live your life as normally as possible.
- 9. Be Kind:** You can only control what you do, others are also doing what they can to protect themselves.
- 10. Seek Out Help:** You don't need to do this alone. If you are having a hard time coping ask for help.



I hope this newsletter finds you well or as best can be during these conflicting times brought on by COVID19. Thank you to those of you who have reached out for support. Please call, text or email if you have any questions or concerns. It is better to “ask” than to go without a need of yours met. I will try to do all I can within the scope of my responsibilities to help.

Income Assistance Recipients

YFN continues to serve those in need of Income Assistance. However, due to Covid19 and the office closure, a mobile service delivery model is currently being implemented. If we meet in person, please respect social distancing guidelines and when needed, wear a mask. As a result of Covid19, those currently on IA have been receiving \$300.00 extra each month to help support “special needs”. This extra funding will be added to your IA monthly cheques for June and July.

Child Family Services

Bill C-92 has come into affect January 01, 2020. This Bill gives First Nation communities additional rights and privileges over their children. Protection agencies will now work in collaboration with First Nation Band Representatives on all prevention and protection matters. Yale First Nation has chosen a “Collaboration Agreement” with Xyolhemeylh Child and Family Services. I, Paul Keller, YFN Social Worker have been assigned as YFN’s Band Representative for all prevention and/or child protection matters. Early and respectful intervention is key when addressing these types of challenges. All matters are kept confidential.

Community Gardens

Two Community Garden Groups are underway in Stullawheets IR8 and Lukseetsissum IR9. With the support of YFN Chief and Council, funding for the Community Gardens was applied for during the winter of 2019/20 from 4 different funders. All 4 YFN grants were successful, receiving approximately \$20,000. \$10,000 for Lukseetsissum IR9 and \$10,000 for Stullawheets IR8. Stullawheets 1-acre parcel of garden land is currently being cleared. Lukseetsissum is presently consulting with varying partners for there garden land use location. For those who are not already involved in the Community Garden and would like to be, please connect with Paul Keller via email or phone.

Covid19

Remember, when going out into the community it is best to wear a mask when interacting around others. If you are in need of a mask, please give the Social Work Department a call and if we have, I will make arrangements to get one to you. YFN does not have unlimited masks. We do however want our most vulnerable members to have access to a mask.

If there is a special need not being met because of Covid19. Please give our office a call. Collectively, maybe we can problem solve and where needed YFN may be able to offer additional supports.

Social Development Continued

Summary of Federal and Provincial COVID-19 Supports

Supports for people

Federal Supports for People		
Support	Description	Expected launch
Employment Insurance (EI)	Canadians who are eligible for Employment Insurance will continue to apply for and receive EI benefits. https://www.canada.ca/en/employment-social-development/programs/results/employment-insurance.html#a1	Effective March 15, 2020
Improved access to Employment Insurance (EI) Sickness Benefit	For Canadians without paid sick leave (or similar workplace accommodation) who are sick, quarantined or forced to stay home to care for children, the Government is waiving the requirement to provide a medical certificate to access EI sickness benefits. https://www.canada.ca/en/department-finance/economic-response-plan/covid19-individuals.html#improved_access_employment_insurance_sickness_benefit	Effective March 15, 2020
Canada Emergency Response Benefit	This benefit replaces both the Emergency Support Benefit and the Emergency Care Benefit. Applicants will receive \$2000 every four weeks for up to four months. Eligibility: <ul style="list-style-type: none"> • Workers (Canadians aged 15+ and who made at least \$5000 from employment in 2019 or in the 12 months prior to application) who: <ul style="list-style-type: none"> ▪ -have lost their jobs, or ▪ -are sick or quarantined, or ▪ -are looking after someone who has COVID-19, or ▪ -have to stay home with dependant children, or ▪ -are contract workers, or ▪ -are self-employed, or ▪ -are still employed, but are not receiving income because of disruptions to their work situation due to COVID-19 <p>Canadians who are eligible for regular or medical EI would continue to apply for those benefits as required. Federal EI benefits and CERB are not stackable.</p>	Online portal for applications available by April 6. Funds received within 10 days of application. Payments retroactive to March 15, 2020. Payments available until October 3, 2020

YFN Social Work Student

YFN is happy to have our first Social Work Practicum student, Janita Peters. Janita is from Ruby Creek (Lukseetsissum IR9) and is in the final stages of competing her Social Work Diploma. Having the opportunity to get to know Janita over the past year, I feel this will be a great opportunity for her to learn the various roles and responsibilities within the Social Work Department. All personal subject matter will be kept confidential unless you the member consent to have Janita learn first-hand from our experiences together. Janita will be shadowing me throughout July and August, 2020.